

Lisboa / Cascais / Sintra

We suggest you start your journey at Terreiro do Paço na Baixa de Lisboa, turn West and follow the river first and then the sea. Take marginal road (EN6) that will lead you to Cascais (**PG p.103 – Portugaltrails Guidebook**).

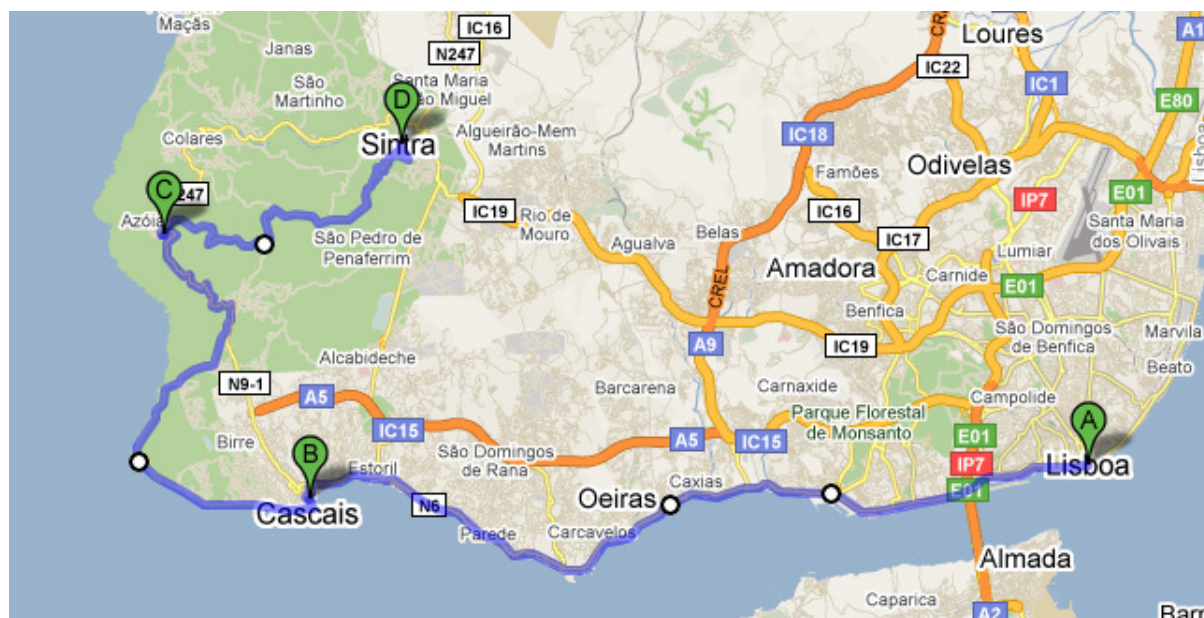
A → **B**
[29 Km]

When leaving Cascais take the coastal road (EN247) and continue until the mountain top. If you wish to visit Cabo da Roca (**PG p.132**) turn left at the crossroads.

B → **C**
[18 Km]

To get to Sintra (**PG p.135**), we suggest you take the road that crosses the mountain. On road EN247 turn right at the crossroads where you find the signs “Convento da Peninha” and “Convento dos Capuchos”. From here follow the signs to “Sintra”.

C → **D**
[13 Km]



Portugaltrails tip Visit Peninha Convent and enjoy a unique landscape (**PG p. 132**)

At the west end of the range, in the last peak of the mountains, one finds Peninha, with a landscape totally opposite to that of the Pena (in the east end). Here we find low vegetation, strong winds, and a view over the sea, 490m above sea level. Do not miss this wonderful belvedere.

How to get to Peninha: Drive along the 247 road from Cascais to Colares. When you reach the crossroads that signals “Cabo da Roca”, “Azóia” to your left (Roca Cape), turn right heading for “Convento da Peninha” and “Convento dos Capuchos”. At this point start counting zero kilometres from your milometer. Drive up through the mountain and when your milometer counts 2,5 km you will reach a kind of crossroads. Go straight on (follow the “donkey” signal) along a gravel road, turn right upwards and stop at a gravel parking lot. Go on foot up to the Peninha Palace. To get back to the road to Sintra return to the asphalt road, turn right and follow the signs “Sintra”.



At Sintra, during the afternoon, you can:

- Take a “car tour” and see all the monuments and palaces from the outside;
- Pick one, maximum two monuments to visit inside. Each monument takes about 1h30 to visit and the closing hour of most of them is 5 p.m (Castelo dos Mouros, Palácio da Pena, Palácio da Regaleira, Palácio da Vila, Palácio de Monserrate...).



Overnight at Hotel Lawrence’s Sintra